## **Nutritional Informed Consent**

According to the Federal Food, Drug, and Cosmetic Act, as amended, Section 201 (g) (1), the term "DRUG" is defined to mean: "Articles intended for use in the Diagnosis, Cure, Mitigation, Treatment or Prevention of disease."

A vitamin is not a drug, NEITHER is a Mineral, Trace Element, Amino Acid, Herb, or Homeopathic Remedy.

Although a Vitamin, a Mineral, Trace Element, Amino Acid, Herb or Homeopathic Remedy may have an effect on any disease process or symptoms, this does not mean that it can be misrepresented, or be classified as a drug by anyone.

Therefore, please be advised that any suggested nutritional advice or dietary advice is not intended as a primary treatment and/or therapy for any disease or particular bodily symptom.

Nutritional counseling, vitamin recommendations, nutritional advice, and the adjunctive schedule of nutrition is provided solely to upgrade the quality of foods in the patient's diet in order to supply good nutrition supporting the physiological and biomechanical processes of the human body. Nutritional advice and nutritional intake may also enhance the stabilization of chiropractic adjustments and treatment.

I understand that the medical providers and holistic providers from this office often recommend lifestyle changes, dietary modifications and nutritional supplementation as part of my healthcare program. These recommendations are not designed to treat or cure a medical condition but rather assist the body in healing itself.

I also understand that <u>some</u> laboratory testing used by this clinic, including but not limited to saliva testing, urine testing, blood testing and hair analysis, is not a method for diagnosing, preventing, treating, healing, relieving or curing symptoms, disease or medical conditions of any kind.

I understand that once nutritional supplements, ITG Food and lab test kits are purchased and leave the office, they may not be returned or credited unless issued incorrectly by the clinic.

I have read and understand the above:

Print Name		
Signature	Date	